

Peninsula Area Caregiver Support Groups

Please confirm with the facilitator before attending a meeting.

Topic	City	Meeting Site	Meeting Schedule	Facilitator (co-facilitators listed on 2nd line)	Facilitator Email	Facilitator Phone
Alzheimer's	Williamsburg	Dominion Village	3rd Thursday; 2pm	Shirley Steck	ssteck@5sqc.com	258-3444
	Williamsburg	Williamsburg United Methodist Church	3rd Tuesday; 11am	Joan Marshall	vajoan17@gmail.com	208-0658
	Williamsburg	Morningside Assisted Living	Call for time and day	Rick Witherspoon	rwitherspoon@5sqc.com	221-0018
	Hampton	Immaculate Conception Catholic Church	2nd Monday; 1pm	Judy Hutchinson	sw3@paainc.org	873-0541
				Vicky Gwynn		873-0541
	Hampton	Eden Court	2nd Tuesday; 7pm	Kay Inchausti	inchaustik@cox.net	826-5415
	Newport News	2nd Presbyterian Church	1st Monday; 7pm	Pam De Young	de_young@verizon.net	930-0002
	Newport News	Warwick Forest	2nd Thursday; 7pm	Randy and Mariana Rooker	jrooker2@cox.net	867-9618
				Robyn Newman		
	Newport News	James River Convalescent and Rehabilitation Center	2nd Friday; 10am	Darlene Evans	Devans@vahs.com	595-2273
General	Williamsburg	Williamsburg Presbyterian Church	1st Monday; 1pm	Pat Healy	mhealy120@aol.com	220-0638

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	Williamsburg	Colonial Heritage Club House	3rd Thursday; 2:30pm	Joan Bender	joanbender1@cox.net	345-6974
				Richard Boyden	rboyden1@cox.net	345-6974
	Williamsburg	Consulate Health Care	Varies	Ebony Moore - Social Worker	ebony.l.moore@consulatehc.com	229-9991
	Hampton	V. A. Medical Center, Bldg. 110, 5th floor	2nd Tuesday, 6pm	Sonja Poitier-Hickman	Sonja.Poitier-Hickman@va.gov	722-9961, ext. 4985
	Hampton	West Hampton Community Center	3rd Saturday; 10:30am (no mtgs July, Aug., Dec.)	Carol Powell	worksofffaith_9@verizon.net	826-6127
	Newport News	The Chesapeake	4th Tuesday; 6pm	Hollie Krance	hollie.krance@homeinstead.com	886-1230
	Newport News	The Mariner's Building	3rd Wednesday; 6:30pm	Andrea Bryant	abryant@visitingangels.com	599-4145
Parkinson's Disease (Patients and Caregivers)	Williamsburg	Williamsburg Landing	2nd Monday; 1:30pm	Joan Byrne	joanbyrne@verizon.net	898-6674
	Newport News	Mary Immaculate Resource Center	3rd Wednesday; 1pm	Cindy Dowd	cindy_dowd@bshi.org	886-6381
Caregiver Therapy	Williamsburg	Colonial Behavioral Health	Varies	Leslie Margeson, Therapist	lmargeson@colonialbh.org	220-3200, ext. 513
Stroke	Williamsburg	Sentara Regional Medical Center	3rd Wednesday; 4pm	Brenda Cicero	becicero@sentara.com	984-9917