

# Geriatric Assessment Clinic Information

## *Your Visit to the Geriatric Assessment Clinic*

The assessment is conducted by a team of health professionals who specialize in the care of older adults. At least one family member or someone who knows you well is recommended to participate in the assessment process.

During the visit, information will be collected from you and your family member to identify issues affecting your quality of life.

The assessment can take several hours, so please feel free to bring a snack.

## *What Should be Done Prior to the Visit?*

It is important for us to have your most recent medical records to review prior to your appointment. Please ask your primary care physician to fax the referral and medical records to our office at 757-220-4756 one week prior.

Results from the assessment will be discussed with you and your family member.

Your primary care physician will receive a report of the assessment findings and will determine if a follow-up is necessary.

## *Insurance Coverage*

The Clinic accepts Medicare and most other forms of medical insurance. However, some components of the assessment, such as an evaluation by a Registered Nurse, are not covered by insurance. We suggest that you get a referral from your primary care physician, even if you have Medicare. Please bring a copy of your current medical insurance cards to the appointment.

**Mission:** To improve the quality of life for older adults by increasing autonomy and integrating the research capacity of universities, colleges and medical schools with the capabilities of local service providers. To develop and implement innovative community-based initiatives that can be replicated and sustained.

**Vision:** A model community that promotes the well-being and independence of older adults through collaboration among research and service professionals.

## *How Do I Get There?*

### **West of Williamsburg (Richmond)**

From I-64, take exit 234 (Rt. 199) toward Lightfoot. Take the Monticello Avenue exit and merge left onto Rt. 321 East (Monticello Ave.). Proceed 1.5 miles and turn left onto Treyburn Drive. Take an immediate right into Williamsburg Physician Center. Suite 100 is located on the first floor.

### **East of Williamsburg (Norfolk)**

From I-64, take exit 242A (Rt. 199) toward Williamsburg/Jamestown. Continue for approximately 8 miles. Take the Monticello Ave./Williamsburg exit. Bear right and merge onto Rt. 321 East (Monticello Ave.). Proceed 1.5 miles and turn left onto Treyburn Drive. Take an immediate right into Williamsburg Physician Center. Suite 100 is located on the first floor.

THE CENTER FOR EXCELLENCE  
IN AGING AND GERIATRIC HEALTH™

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**The Center for Excellence  
in Aging and Geriatric Health**

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# What is The Center for Excellence in Aging and Geriatric Health?

The Center for Excellence in Aging and Geriatric Health (CEAGH) is located in Williamsburg, Virginia. CEAGH is a non-profit agency funded by a coalition of health care, educational and civic groups. Our purpose is to “improve the quality of life for older adults.”

## Services include:

- Geriatric Assessment
- Driving Evaluation
- Clinical Research and Medication Trials
- Program for Research on Aging



## What happens at the Geriatric Assessment Clinic?

- Our team, led by a geriatrician, will conduct an evaluation, which focuses on memory loss, incontinence, fall risk, depression and medication issues.
- An assessment by a neuropsychologist will determine strengths and weaknesses in thinking and memory.
- The team will present recommended strategies for families and caregivers to deal with issues that are identified in the evaluations.
- In addition, we may refer you to community resources for continued support.

### Who will see my results?

The results will be sent to your physician and you will receive a summary of the findings.

### What fee is involved?

Medicare and most other medical insurances will cover many of the costs of a geriatric assessment. Your assessment includes an evaluation by a Registered Nurse, which is not covered by insurance. The fee for this evaluation is \$150. It is suggested that a referral be obtained from your primary care physician before your appointment.

## Other CEAGH Services

- **Driving Evaluation** - An objective analysis of the ability of older adults to safely operate a motor vehicle, using a driver simulator. Practical suggestions for staying safe on the road are provided to participants.
- **Clinical Research and Medication Trials** - Participants may have the opportunity to gain access to treatments for chronic medical conditions not yet available in traditional medical practice. Participants may be compensated for time and travel related to these trials.
- **Program for Research on Aging** - Ongoing research at CEAGH, in collaboration with the College of William & Mary, EVMS and VCU, seeks to better understand how communities can assist older adults in maintaining independence with dignity.

For more information or to make an appointment, please contact us at **757.220.4751** or visit **[www.excellenceinaging.org](http://www.excellenceinaging.org)**